

Housing Continued

- **Barron County Housing Authority**, Rent assistance for people with low incomes. 611 Woodland Avenue, PO Box 211, Barron, WI 54812, 715-537-5344.
- **Chetek Housing Authority**, Rent assistance for people with low incomes, 811 South St, Chetek, WI 54728. 715-924-3300.
- **City of Rice Lake Housing Authority**, Rent assistance for people with low incomes. 132 W. Marshall St, Rice Lake, WI 54868, 715-234-3721 (family, elderly, handicapped units) or 715-234-5221 (Section 8). Open M – F, 8:00am – 3:30pm.
- **CCB Housing**, Subsidized housing units, 1310 N. Wisconsin Ave, Rice Lake, WI 54868, 715-236-2366.
- **Cumberland Housing Authority**, Rent assistance for people with low incomes. 1295 6th Ave., Cumberland. 715-822-2005.
- **Impact Seven**: <http://www.impactseven.org/property-management/> Impact Seven believes every person deserves a safe, dignified and affordable home. Properties in Almena, Barron, Chetek, Rice Lake, Turtle Lake and Prairie Farm.
- **DAK Management Co., Inc.**, Rent assistance for people with low incomes. 710 S. Wisconsin Ave., Rice Lake, WI 54868. Need to complete application. Call 1-800-938-5629. Mon-Fri. 8 a.m.-4:30 p.m.
- **Lifespring Home**- Affiliated with the Pregnancy Help Center: This is a residential disciplinship program designed to help single mothers and their children to be safe, stable and successful families. Residents may stay up to 2 years. To inquire about eligibility requirements call: Kaydie Green, Family Care Director at Life Spring Home 715-719-0240 or email her at kaydie@pregnancyhelpcelake.org

Immigrant/Migrant Services

- **Opportunity Center**, 331 S. Main Street, Rice Lake, WI 54868, 715-203-0935
- **UMOS Head Start** for seasonal workers, 1-877-413-8667 Health Manager, Bridgit Adams

Legal

- **Judicare**, free legal services for people with low income, 1-800-472-1638

Meal Services

- **The Lunch Box**-noon meal served on Tuesdays at Bethany Lutheran Church, located at 35 W. Messenger, Rice Lake (715)234-9028.
- **St. Vincent's Soup Kitchen**- noon meal served Mondays, Wednesdays, Thursdays, Fridays from 12-1 p.m. at St. Vincent's Food Pantry, 40 S. Main, Rice Lake. For more info call (715)234-2372.

Other Non-Emergency Services to Help Stretch Food Budgets

- **Food Share**- financial assistance to help with food costs. Contact Dept. of Health & Human Services, (715)537-5691 or apply online at www.access.wi.gov
- **WIC- Women, Infants, & Children** program offered through local Department of Health & Human Services. Provides food vouchers for specific types of food. Specific eligibility criteria exist related to income, pregnancy, & ages of children in family. Call 715-537-5691 for more information.
- **UW Extension**- food, nutrition & budget information, 715-718-6240 1800 College Drive, Rice Lake, WI

- **Ruby's Pantry** – food distribution. Distribution starts ½ hour after opening, ends when food gone. \$25.00 donation requested, bring your own containers for food. www.rubyspantry.org. 1st Sat. of every month. 7:30 AM-9:30 AM. Cumberland Fire Dept. at 1060 Water St. Sponsor Northern Lakes Community Church. 3rd Sat. of every month. 9:00-10:30 AM. Registration starts at 7:30am at Living Water Lutheran Church, 411 North 1st Street, Cameron, WI 54822; across from the Village Hall. www.livingwater-cameron.org

Parenting Support and Information

- **Children with Special Health Care Needs (CYSHCN)**, serves families who care for children ages birth to 21 years old, who have special health care needs. 1-800-400-3678 or 715-726-7900 or Dawn Stark at 715-726-7907.
- **Birth to Three**: assessment & care coordination for children ages birth to through 35 month of age with developmental delays, 715-537-5691.
- **Healthy Beginnings +** a Prenatal Care Coordination benefit offered through Public Health, provides education & resources for pregnant women, 715-537-5691.
- **Head Start & Early Head Start**, Serves families, pregnant thru 5yo with preschool information & family support. Main office (call local numbers for enrollment during the school year) 1-800-352-6283, Rice Lake Area 715-434-5437, Barron/Dallas Area 715-837-1180.
- **Heart Island Family Enrichment Center**, 1108 Heart Island Pkwy, Rice Lake, 715-434-4332
- **Child Support Agency**, 335 E. Monroe Ave., Barron. 715-537-6390.
- **Parents Forever Class**, (715) 537-6254. You may register at: <https://forms.gle/YPgczd0Agjet7NZi9> The class runs from 6-9 pm via zoom and the cost of the class is \$20.
- **Child Care Assistance**, Barron County DHHS, 335 E. Monroe Ave, Barron 715-537-5691
- **Well Badger Resource Center By Phone**: 1-800-642-7837. Text: 1-608-360-9328, Email: help@wellbadger.org , Online: <https://www.wellbadger.org/> 7:00 a.m. to 6:00 p.m. Monday through Friday. Well Badger is a health information and referral service health care services and resources including WIC, BadgerCare Plus, Wisconsin Well Woman, services for children and youth with special health care needs, mental health services, and much more

Reproductive Health

- **DHHS-Public Health Services**, Confidential family planning (birth control, pregnancy testing and counseling, STD testing) Family Planning Only Service (apply at the time of the visit) or sliding fee scale. 3rd floor of the Government Center. CALL for information and appointment 715-537-5691
- **Pregnancy Help Center**, free pregnancy testing & counseling, 234 N. Main Street, Rice Lake 1-800-395-HELP or 1-715-736-HELP, call first.
- **Abortion Hotline**, 1-800-772-9100 or www.prochoice.org
- **Adoption, Lutheran Social Services**, 1-888-746-2850
- **Adoption, Catholic Charities**, 1-715-832-6644
- **CDC National Hotline**, 1-800-CDC-INFO

- **Wisconsin Information and Referral Center**: 1-800-334-2437 (Also CDC INFO line) or <http://www.irc-wisconsin.org>. For Hepatitis, HIV & STD information.

Stop Tobacco Use

- **Mayo Clinic Health Systems, Northland Clinics**, 715-838-6593
- **Wisconsin Quit Line** (free & confidential counseling by phone) 800-QUIT-NOW (800-784-8669)
- **American Lung Association** 1-800-586-4872, or to contact the ALA nearest you, call 800-LUNGUSA
- **Freedom from Smoking Online** <https://freedomfromsmoking.org>
- **Dept. of Health & Human Services** 715-537-5691

Transportation

- **Veyo Transportation**-Transportation for individuals on Medical Assistance (Medicaid, Forward Card). Call to arrange 866-907-1493 or sign up on mobile portal at member.veyo.com
- **Namekagon Transit** - door-to-door public transit available in designated parts of Barron County on different days of the week. . Peak time (6am-9am and 3-5pm) the bus costs \$2.00 per one way trip and \$1.00 for elderly and disabled. All vehicles are wheelchair accessible. 866-295-9599.

Health and Community Services

Great Rivers 2-1-1

By Phone: 2-1-1 or 1-800-362-8255
Chat Online: www.greatrivers211.org
Text: your zip code to 898211 to start (available Mon-Fri, afternoons and evenings)
Great Rivers 2-1-1 offers free, confidential community information and referrals 24 hours a day.

Crisis and Emergency Mental Health Services

IMPACT 2-1-1 (Call 211) A central access point for people in need. During times of personal crisis or community disaster, the free, confidential helpline and online resource directory make it easy for residents to get connected to information and assistance.

• Alcohol/other Drug Abuse	• Child and Elder Care
• Crisis Intervention	• Financial and Legal
• Mental Health	• Shelter

Great Rivers 2-1-1

Great Rivers offers a Crisis Hotline 24/7. Dial 2-1-1 or 1-800-362-8255 to talk to a crisis specialist for help with domestic violence, sexual assault, mental health, or suicidal situation.

Mental Health Crisis Hotline

Northwest Connections provides emergency mental health services. Call 1-888-552-6642.

988 Suicide & Crisis Lifeline

Línea de Prevención del Suicidio y Crisis
Offers free 24/7 access to trained crisis counselors for:

- Thoughts of suicide
- Mental health or substance use crisis, or
- Any other kind of emotional distress

People can call or text 988 or chat 988lifeline.org for themselves or if they are worried about a loved one who may need crisis support.



Phone: 715-537-5691

Fax: 715-537-6274

335 E. Monroe Avenue, RM 338
Barron, WI 54812

Email: wic@barron.co.wi.us

Web: <https://www.barroncountywi.gov/wic>

Monday-Friday

8:00-4:30

Closed Legal Holidays

Public Health Nurse Available



This institution is an equal opportunity provider.

Complete online resource guide for Aging/Disability can be found at www.adrcconnections.org

Emergency

- Ambulance/Fire/Police 911
- Poison Control 1-800-222-1222
- Emergency Suicide/Mental Health, 1-888-552-6642 (24 hrs/day, 7 days/wk.)

Abuse

- Emergency Assistance dial 911
- **Embrace/ Barron County Domestic Abuse Crisis Line/** Victim Advocate: Call (800)924-0556 or Text (715)532-6976
- **Embrace Family Abuse Shelter:** counseling, assistance, crisis line & shelter for those experiencing emotional, physical & sexual abuse. (Crisis line) 800-924-0556, (Rusk County Office and safe shelter open 24/7/365) 715-532-6976.
- **Community Referral Agency,** Counseling, assistance, crisis line, & shelter for those experiencing emotional, physical & sexual abuse. (Crisis line) 1-800-261-SAFE (1-800-261-7233), (Office) 1-715-825-4414
- **LGBTQ Anti-violence Resource Line,** 1-414-856-LGBT (5428)
- **Child or Vulnerable Adult abuse concerns:** Dept. of Health & Human Services 715-537-5691 or Sheriff's Department 715-537-3106
- **Sexual Assault Victim's Advocate:** call the Crisis Line 1-800-261-SAFE (1-800-261-7233)

Area Clergy Organization

- **Offers emergency vouchers** call 715-434-2236, only for residents of Rice Lake

Aging & Disability Resource Center - ADRC

- Aging & Disability Resource Center** – 335 E. Monroe Ave, Barron WI 54812 (715)537-6225
- Disability Benefit Specialist
 - Elder Benefit Specialist
 - Emergency Alert Services (Barron, Rusk and Washburn Counties)
 - o CareNet (715) 458-5400
 - o Chippewa Valley Electric - Med-A-Lert (800) 300-6800
 - o Citizens Connected (715) 237-2605
 - o Cumberland Memorial Hospital-Lifeline (715) 822-2700
 - o Marshfield Medical Center-Rice Lake Lifeline (715) 236-6209
 - o Pocket Finder (866) 726-7543
 - o Safe Living Technologies/VRI (800) 860-4230
 - o TNC Security (formerly Team Northwoods Communications) (715) 868-8326
 - Information & Assistance Specialist
 - Nutrition Programs (i.e. Meals on Wheels)
 - Transportation for disabled/elderly
 - General Questions

Alcohol, Smoking & Drug Use Services

Substance use during pregnancy, breastfeeding, and parenting can be dangerous, with a variety of harmful effects on both adults and children. The effects can be short or long term and may be physical, mental, social, emotional, and financial. You are not alone. Many others know what it's like and can help you quit, give you tips, and support you along the way.

- **Overdose** dial 911
- **Al-Anon** Call 211 for updated meeting dates/locations
- **Alcohol & Drug Abuse Hotline** 1-888-552-6642
- **Dept. of Health & Human Services** 715-537-5691
- **Barron County Meth Line** 715-537-METH (6384)
- **Alcoholics Anonymous (AA)** area74.org or call 715-931-8262
- **Narcotics Anonymous (NA)** www.wisconsinna.org, 1-800-240-0276
- **Lifepoint Needle Exchange Program,** ARCW of Eau Claire, 800-750-2437, www.arcw.org
- **Lifepoint Needle Exchange Program,** Barron County Public Health, 335 E. Monroe Ave, Barron WI 54812, 715-537-5691

Car Seat Inspections

- **Barron County Public Health,** Barron, call for appointment, 715-537-5691
- **Luther Midelfort Northland-Barron,** OB Dept., call for appointment, 715-537-3166
- **Rice Lake Police Department,** Officer Phillips, call for appointment, 715-234-1500
- **Marshfield Clinic Health System,** Emergency Department, Rice Lake, call for appointment, 715-236-6339

Counseling/ Mental Health

- **Emergency Suicide/Mental Health,** Dial 988 or text, can live chat 988lifeline.org - Offers free 24/7 access to trained crisis
- **Contact your health insurance provider** for a list of approved providers
- **Contact Dept. of Health & Human Services** for information on payment sources for mental health services & referral, 715-537-5691 (Monday-Friday, 8:00 a.m.-4:30 p.m.)
- **Suicide Support Group:** Offered twice a month the 1st and 3rd Mondays from 6-7:15 pm in Eau Claire through a licensed professional counselor named Gena Callihan, 715-828-8030 at 4330 Golf Terrace, Suite 218 Eau Claire, WI 54701, genacallihanlpc.com
- **Trans Lifeline,** 1-877-565-8860 or <https://translifeline.org/>. This hotline is primarily for transgender people experiencing a crisis. This line is staffed by volunteers who are transgender themselves so they understand the struggles transgender people may be experiencing.
- **Healing Hearts:** A community support group for caregivers. The 3rd Tuesday of every month at the Chetek United Methodist Church at 300 Stout Street, Chetek, WI 54728, Contact by calling 715-924-4660 or emailing: chetekmethodist@gmail.com

Dental Resources

- **Marshfield Clinic Dental Centers:** Will accept many forms of dental insurance including Medicaid/Badger Care. Sliding fee scale for those with no insurance & underinsured.
 - **Marshfield Clinic Chippewa Dental Center:** 850 Lakeland Drive, Chippewa Falls, WI. (715) 738-2000 Marshfield Clinic Ladysmith Dental Center: 315 Miner Avenue W. Ladysmith, WI. (715) 532-2500
 - **Marshfield Clinic Rice Lake Dental Center:** 1501 W Stout St, Rice Lake WI. (715) 236-8900

- **Chippewa Valley Technical College Dental Clinic,** 620 W. Clairemont Ave, Eau Claire WI 54701 (715)833-6271 or 1-800-547-2882, ext. 6271 & ask for the dental clinic.
 - o For persons on Medicaid or low income. Call for more information.
- **All Family Dental-** 3131 Stein Blvd, Eau Claire 715-835-1060, Accepts most major insurance coverage. Call ahead to make sure you are covered. .
- **North Lakes Community Clinic:** Accepts Forward Health, Sliding Fee and BadgerCare.
 - o Turtle Lake (715) 986-2599
 - o Birchwood (715) 354-3369

Education

- **Barron County Area Literacy Council,** volunteers teach reading & writing to adults, call 715-637-5797
- **GED/HSED,** located at Northwood Technical College (WITC), 1900 College Drive, Rice Lake, 715-234-7082
- **Vocational School, Northwood Technical College** (WITC), Aptitude testing, 1900 College Drive, Rice Lake, 715-234-7082
- **University of Wisconsin Eau Claire-** Barron County Campus, 1800 College Drive, Rice Lake, 715-234-8176. Student services (financial aid & career counseling) 715-234-8024.
- **UW Extension-** family living, budgeting, food & nutrition, parenting education, 715-788-6255

Emergency Assistance

- **Salvation Army** (housing, food, etc) In Rice Lake only call: 715-434-2236, other Barron County areas call 715-554-4928 and leave a message

Emergency Food

- **Barron Food Pantry,** 411 E. La Salle Ave. Tues 10-1pm and Thurs 12:30-3:30 pm, 715-637-3499
- **Cameron Food Pantry,** behind Village Hall, 300 N. 1st St, Tues 9-11am, Thurs 1-3pm
- **Chetek Food Shelf,** 50 S. Hwy Blvd, Chetek, WI 54728 open Tues/Thurs 10-1, 715-925-3500
- **Cumberland Area Community Food Pantry,** 1270 1st Ave, Cumberland, WI 54829 open Fridays 1-3pm, 715-822-3767
- **Prairie Farm Food Pantry,** 411 N River Ave. (Legion Hall), Prairie Farm, WI 54762 Tues 2-4 pm
- **Rice Lake Food Pantry,** 400 W. Coleman, Tues 10:30-12am, Thurs 1-2:30pm
- **Rice Lake/St. Vincent's,** 40 S. Main St, Meals: Mon. Wed., Thurs., and Friday, 12 – 1pm. Pantry: Tues & Thurs 12-2 pm, 715-234-2372
- **Sisters' Emergency Cupboard,** 1108 Heart Island Pkwy, Rice Lake, 715-434-4332
- **Turtle Lake Food Pantry,** 200 West Martin Ave, Tues. 12:30 pm-3:30pm

Employment

- **Workforce Resource/Private Industry Council:** assists people to obtain work, education & job training. 331 S. Main St, Rice Lake WI 54868, 715-234-6302

- **Job Center,** employment counseling & referrals. Has Job Net access (computerized listings of all jobs in Wisconsin) 331 S. Main St, Rice Lake, 715-234-6302, M – F, 8am – 4:30pm
- **Wisconsin Works/ W2,** Call 1-855-792-5439 if you have questions or want to apply. 331 S. Main St, Rice Lake
- **Wisconsin Division of Vocational Rehabilitation,** Services for people with barriers to employment. 331 S. Main St, Suite 6 Rice Lake, 715-234-6806, 1-800-228-2587

Free Health Clinics: Free to those at or below 185% poverty level

- **Rice Lake Area Free Clinic:** 1035 N. Main St, Rice Lake WI 715-736-3733. Seeing patients Tuesdays, 4-8 PM. Located in the Medical Arts Building, enter using lakeside door. For more information: <http://rlafc.org/>.
- **Chippewa Valley Free Clinic,** 836 Richard Drive Eau Claire, WI (715)839-8477. Open Tuesdays at 5:30pm, (line starts forming at 3pm) if you don't get in you will be given a number & will be seen the next week. Free medications & diabetic supplies are available. Ongoing care available by appointments on Thursdays. Donations are accepted.
- **The Open Door Clinic, Inc.** -Located at the First Presbyterian Church, 130 W. Central St, Chippewa Falls, WI, enter the door by Gordy's parking lot, (715)720-1443, Clinic Hours: Tuesdays 5pm – 7:30pm, walk in clinic- no appointments. Donations are accepted. Clinic does not provide reproductive health services, narcotic medications, or controlled medications.

Health Insurance/Immunizations

- **Badger Care Plus,** Family Planning Only Service & other benefits: Department of Health & Human Services, 335 E. Monroe Avenue, Barron, 715-537-5691 or 1-888-283-0012 to apply by phone or online at www.access.wi.gov.
- **Family Planning Only Services:** Medical Assistance for family planning health care, contact DHHS-Public Health at 715-537-5691 or apply online at www.access.wi.gov
- **Wisconsin Well Woman Program:** breast & cervical cancer screening for women 45-64 yrs. (Serving Barron, Burnett, Douglas, Polk, Rusk, and Washburn Counties)715-485-8562
- **Free Immunizations** for those without insurance or with Badger Care: DHHS-Public Health 335 E. Monroe Ave, Barron, 3rd floor of the Government Center 715-537-5691, Ext. 6442.
- **Veteran's Benefits:** Benefits for people with military service. 715-537-6290

Housing

- **Benjamin's House Emergency Shelter** 715-736-2437, www.benjamins-house.org Temporary emergency shelter for individuals and families for up to 90 days.
- **Consumer Protection,** Landlord-Tenant Hotline 1-800-422-7128
- **West CAP-** assistance, weatherization programs, rental units Energy and Fuel Assistance – 715-598-4750